

GUIDED TOUR EQUIPMENT LIST

WHAT TO WEAR:

Moisture wicking long underwear (top and bottom)
Medium weight sweater or pile jacket (wool or synthetic)
Windproof, breathable snow repellent shell jacket and pants
Warm, windproof, snow repellent gloves or mittens
Liner socks
Comfortable wool or synthetic socks
Hat that covers your ears
Gaiters (to keep snow out of your boots)
Sunglasses (treat with anti-fog product)
Sun block and lip balm
Dress in layers that can be shed or added as conditions change
Avoid hypothermia: don't wear cotton or denim

WHAT TO BRING:

Short, wide waxless backcountry touring skis and tall, supportive boots work best for most trips. Tiny racing baskets don't work well in deep snow. Rentals available.
Comfortable daypack, big enough to carry shed layers of clothing.
Water bottle. One quart minimum. Carry warm water insulated in a sock.
Lunch and snacks. (Provided by the Inn on full day tours.) Be sure to fill out a lunch order form at the front desk before the dining room closes on the evening before your tour. Vegetarian option always available.
Please let us know of any special dietary needs.
Sun block and lip balm.
Extra vest or sweater
Extra pair of mittens or mitten shells

OPTIONAL:

Camera
Binoculars
Sit pad
Extra socks (a good idea if renting boots)
Extra hat and/or face mask
Lightweight down or synthetic parka
Headlamp
Goggles
Climbing skins (for advanced trips)* *Climbing skins are available for rent.
Gaiters, ski clothing and accessories available in our gift shop.